

PRAYER ACTIVITY INSTRUCTIONS

Let's take some time now to pray about how we can grow strong in our faith and love of God.

To start our activity, everyone will need paper and a pen to draw.

Before we draw our plant, we might want to make a line on our paper, which is the ground or the earth, and maybe a sun in the sky that will help our plant grow, maybe like this...

1. Roots

Draw some roots growing down into the soil on your paper and maybe you'd like to write on the bottom of your paper: 'God gives me a strong foundation.'

Perhaps you would also like to take this time to pray, asking God for something that you need to help you grow strong in your faith.

2. Stems and Branches

Draw a stem or trunk in the middle of your paper with branches growing out of it and you could write 'Thank you God for my family and friends.'

Perhaps you would also like to pray, thanking God for those who show you love and friendship.

3. Fruit

Write at the top of your paper 'God grows love, peace and joy in me.' You can use the fruit stickers in your bag and attach them to your paper, or draw some fruit growing from your tree or plant.

Perhaps you would also like to take this time to pray, thanking God for growing something new in you, or asking God to grow something new in you (like joy, patience, love, sympathy, generosity etc.)

4. Sharing God's Love

Take this time to think about names of people, places, or things that you would like to pray about, and then write them all around your plant.

Take a moment to pray for these people, places or things, that they may feel the love of God and others.

